

Christine Kessler, NP



Christine Kessler is an award-winning nurse practitioner, national/international speaker, prolific author, & clinical consultant specializing in Endocrinology & Metabolic Medicine. During her 46 years of nursing she has held diverse roles in management, research, academia (undergraduate & graduate nursing), & clinical practice; the latter as a critical care clinical specialist, an acute care nurse practitioner & adult endocrinology nurse practitioner. After 15 years as the senior nurse practitioner at the Walter Reed National Military Medical Center, Department of Endocrinology and Metabolic Medicine, Christine now focuses on providing diabetes and weight loss management, as well as general endocrine services to an impoverished population in rural Virginia. Christine co-chairs the popular, national Metabolic & Endocrine Disease Summit (MEDS) & is a Fellow of the American Association of Nurse Practitioners.
